

## GRAZING & SHARING

BOSCIALA GREEN OLIVES <small>ve 162kcal</small>	5.00
CARAMELISED CHILLI HONEY NUTS <small>v 686kcal</small> Cashews, pecans & almonds	4.75
NACHOS <small>v 1531kcal</small> Multigrain tortilla nachos, five bean chilli, melted Barber Cheddar cheese, sour cream, guacamole	12.50

## FLATBREADS

12" flatbread, brushed with confit garlic butter, baked and sliced

PROSCIUTTO & BURRATA <small>1206kcal</small> Sun blushed tomatoes, kalamata olives, rocket	12.00
HUMMUS & ROASTED GREENS <small>ve 1170kcal</small> Toasted seeds, caramelised lemon, giant couscous, roasted tenderstem broccoli & courgette, olive oil, pomegranate seeds	11.00
FLAT IRON STEAK & SALSA VERDE <small>1319kcal</small> Sun blushed tomatoes, Maldon sea salt, rocket	13.50
CAJUN KING PRAWN <small>1171kcal</small> Chilli jam, sun blushed tomatoes, alfalfa sprouts	12.00

## SMALL PLATES 3 for £20, 6 for £35

WHITBY BOBBLE PRAWNS <small>395kcal</small> Crispy batter, chilli jam	9.00
ITALIAN BURRATA <small>v 438kcal</small> Cherry tomatoes, smashed avocado, lemon, parsley, mint, pine nuts	9.00
MARINATED CHICKEN SKEWERS <small>690kcal</small> Chicken thighs, yoghurt, lemon & herb marinade, chipotle mayonnaise	8.00
TEMPURA PADRON PEPPERS <small>ve 307kcal</small> Maldon sea salt, smoky chipotle mayonnaise	7.50
DUCK CROQUETTES <small>563kcal</small> Smoky chipotle mayonnaise, flat leaf parsley	7.50
CRISPY HALLOUMI <small>v 627kcal</small> Salsa verde, pomegranate seeds	8.00
MINI OLD SPOT SAUSAGES <small>641kcal</small> Balsamic & sea salt glaze, chilli infused honey	7.00
SHREDDED BEEF CROQUETTE <small>563kcal</small> English mustard & parsley mayonnaise	8.50
POPCORN OYSTER MUSHROOMS <small>ve 282kcal</small> Sweet soy & sesame glaze, crispy kale	7.50



## THE MAIN EVENT

**HAND BATTERED FISH & CHIPS** 1013kcal **16.00**  
Atlantic cod fillet, herb batter with Maldon sea salt, triple-cooked chips, smashed peas, caramelised lemon

**ROASTED COURGETTE & CONCHIGLIE PASTA** ve 503kcal **13.00**  
Green beans, mint, plant-based feta, pine nuts, parsley, lemon

**OYSTER MUSHROOM BOWL** ve 692kcal **14.50**  
Roasted tenderstem broccoli, cashew fried brown rice, sesame, soy & sweet chilli dressing, crispy kale

**KALE, AVOCADO & PINE NUT SALAD** ve 570kcal **13.50**  
Cucumber ribbons, baby spinach, quinoa, toasted seeds, lemon & olive oil dressing

Add halloumi v 2.75 433kcal, chicken breast 3.25 237kcal, king prawns 3.75 135kcal, seabass fillet 5.75 302kcal

**BEYOND BURGER** ve 1044kcal **15.00**  
Seeded Eden bun, smashed avocado, plant-based feta, cucumber ribbons, shredded gem lettuce, Maldon sea salted fries

**6oz BRITISH BEEF BURGER** 1504kcal **16.00**  
Seeded brioche bun, smoked streaky maple bacon, Emmental, chipotle mayo, shredded gem lettuce, alfalfa sprouts, Maldon sea salted fries

**CRISPY BUTTERMILK CHICKEN BURGER** 940kcal **15.50**  
Marinated chicken thigh, seeded brioche bun, cucumber ribbons, shredded gem lettuce, chilli jam, Maldon sea salted fries

**FLAT IRON STEAK & FRITES** 908kcal **14.50**  
6oz flat iron steak, confit garlic butter, Maldon sea salted fries, rocket, salsa verde

**BUTTERMILK CHICKEN SCHNITZEL** 1061kcal **15.00**  
Confit garlic butter, prosciutto crisp, Maldon sea salted fries, caramelised lemon, rocket

**GRILLED SEABASS** 592kcal **16.00**  
Giant couscous, cherry tomatoes, green beans, kalamata olives, parsley, olive oil, caramelised lemon

## CIABATTAS

Served Monday - Saturday until 5pm

All our ciabattas are warm, buttered with confit garlic butter. Served with a mug of Maldon sea salted fries +376 kcals

**AHT** v 928kcal **9.00**  
Smashed avocado, halloumi slices, sun blushed tomato, hummus

**CHICKEN & AVOCADO** 1209kcal **9.50**  
Yoghurt, lemon & herb marinated chicken thigh, smashed avocado, shredded gem lettuce

**FLAT IRON STEAK & MUSTARD** 846kcal **9.50**  
Flat iron steak, English mustard & parsley mayonnaise, rocket

**COD GOUJON** 831kcal **9.00**  
Atlantic cod goujons in herb batter, shredded gem lettuce, tartare sauce

**OYSTER MUSHROOM** ve 734kcal **8.50**  
Crispy oyster mushrooms, plant-based feta, baby spinach

## SIDES

**TRIPLE-COOKED CHIPS** ve 448kcal **4.00**

**MALDON SEA SALTED FRIES** ve 455kcal **4.00**

**ONION NESTS** ve 234kcal **4.25**

**KALE, AVOCADO & PINE NUT SALAD** ve 285kcal **3.50**  
Cucumber ribbons, baby spinach, quinoa, toasted seeds, lemon & olive oil dressing

**TENDERSTEM BROCCOLI, KALE & GREEN BEANS** ve 102kcal **3.75**



## SUNDAY ROASTS Served Sundays only

Our Sunday roasts are all freshly prepared and served with roast potatoes, seasonal vegetables, Yorkshire pudding and gravy

TOPSIDE BEEF 1223kcal	18.50
HALF ROAST CHICKEN 1575kcal	16.50
SWEET POTATO & CHESTNUT ve* 838kcal	14.50

\*served without a Yorkshire pudding

## DESSERTS

### DONUT TOWER v

Choose 3 glazed ring donuts for **6.50** or 6 for **9.00** with caramel and chocolate dipping sauce 1054 / 2162kcal

#### Choose from:

Salted caramel filled, milk chocolate glaze, hazelnut pieces

Strawberry jam filled, strawberry pink glaze, marzipan pieces, pink sugar

Strawberry jam filled, white chocolate glaze, dark chocolate drizzle, freeze dried strawberry pieces

PASSIONFRUIT MESS v 549kcal	6.75
-----------------------------	------

Mango puree, passionfruit, whipped cream, meringue pieces

CRUMBRÛLÉE v 940kcal	6.50
----------------------	------

Mixed berry fruit, crumble topping, cold vanilla custard, torched sugar

WARM CHOCOLATE BROWNIE v 829kcal	6.75
----------------------------------	------

Clotted cream ice cream, chocolate sauce

BAKED TREACLE TART v 1045kcal	6.50
-------------------------------	------

Honey almonds, salted caramel, salted caramel ice cream

CARAMELISED BANANA WAFFLE ve 790kcal	6.50
--------------------------------------	------

Maple syrup, vegan ice cream

LUXURY ICE CREAM v 625kcal	6.00
----------------------------	------

All served with chocolate wafer crumb

#### Choose 3 scoops from:

Clotted cream      White chocolate & cherry

Lemon curd meringue      Salted caramel ripple

COFFEE & CREAM v 364kcal	5.50
--------------------------	------

Ice cream and coffee – the perfect combo!

#### Choose a scoop of:

Clotted cream      White chocolate & cherry

Lemon curd meringue      Salted caramel ripple

## SUNDAY SIDES

CAULIFLOWER CHEESE v 319kcal	3.50
PIGS IN BLANKETS 249kcal	3.00
SAGE & ONION STUFFING ve 323kcal	1.50
EXTRA YORKSHIRE v 123kcal	1.50
PORK CRACKLING & APPLE SAUCE 147kcal	2.00

## DESSERT COCKTAILS

FLAT WHITE MARTINI	10.25
--------------------	-------

Vodka, Baileys, espresso, sugar syrup

ESPRESSO MARTINI	10.25
------------------	-------

Absolut vodka, Kahlua, espresso, sugar syrup

SMOKED MAPLE OLD FASHIONED	9.25
----------------------------	------

Bulleit Bourbon whisky, Angostura bitters, maple syrup

NEGRONI	9.45
---------	------

Bombay Sapphire gin, Campari, Martini Rosso

## HOT DRINKS

Our coffees are served with semi skimmed milk or plant based milk alternatives

ESPRESSO 0kcal	2.75 / 3.25	HOT	4.25
----------------	-------------	-----	------

CHOCOLATE 234kcal  
Add marshmallows and whipped cream for 1.00 59kcal

CAPPUCCINO 153kcal	3.50
--------------------	------

CAFFÈ LATTE 153kcal	3.50
---------------------	------

MOCHACCINO 214kcal	3.50
--------------------	------

FLAT WHITE 120kcal	3.50
--------------------	------

AMERICANO 0kcal	3.25
-----------------	------

#### TEAPIGS Choose from: 3.00

Everyday brew 22kcal

Earl Grey strong 22kcal

Peppermint 0kcal

Super fruit 0kcal

Mao feng green tea 0kcal

## ICED DRINKS

ICED	3.75
------	------

AMERICANO 20kcal	
------------------	--

ICED LATTE 76kcal	4.00
-------------------	------

ICED MOCHA 443kcal	4.00
--------------------	------

DRAGON FRUIT	4.00
--------------	------

& MANGO ICED TEA 36kcal	
-------------------------	--

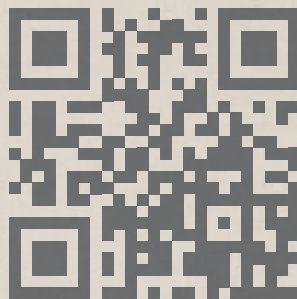
Green tea

PEACH & LEMON	4.00
---------------	------

ICED TEA 87kcal	
-----------------	--

English breakfast tea

**ORDER & PAY**  
*from your* **PHONE!**  
Download our app



SCAN HERE

(V) Suitable for vegetarians. (VE) Suitable for vegans. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. All items are subject to availability. Adults need around 2000 kcal a day. Allergen Information. Non-gluten menu is available upon request. If you have any allergies or dietary requirements, please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten, or other allergens. Menu descriptions do not contain all ingredients. Our fryers are used to cook different products so we cannot guarantee total absence of animal products or allergens. A full list of allergens in each dish is available for your peace of mind. All prices include VAT. Service is not included. All tips are retained by the grateful team.