

GRAZING

- BOSCIALA GREEN OLIVES ve 162kcal 5.00
- CARAMELISED CHILLI HONEY NUTS v 686kcal 4.75
Cashews, pecans & almonds

SMALL PLATES 3 for £20, 6 for £35

- ITALIAN BURRATA v 438kcal 9.00
Cherry tomatoes, smashed avocado, lemon, parsley, mint, pine nuts
- MARINATED CHICKEN SKEWERS 690kcal 8.00
Chicken thighs, yoghurt, lemon & herb marinade, chipotle mayonnaise
- TEMPURA PADRON PEPPERS ve 307kcal 7.50
Maldon sea salt, smoky chipotle mayonnaise
- CRISPY HALLOUMI v 627kcal 8.00
Salsa verde, pomegranate seeds

SANDWICHES

Served Monday - Saturday until 5pm

Non-gluten bread and served with a mug of Maldon sea salted fries +376 kcal

- AHT v 928kcal 9.00
Smashed avocado, halloumi slices, sun blushed tomato, hummus
- CHICKEN & AVOCADO 1209kcal 9.50
Yoghurt, lemon & herb marinated chicken thigh, smashed avocado, shredded gem lettuce
- FLAT IRON STEAK & MUSTARD 846kcal 9.50
Flat iron steak, English mustard & parsley mayonnaise, rocket
- OYSTER MUSHROOM v 734kcal 8.50
Crispy oyster mushrooms, plant-based feta, baby spinach

THE MAIN EVENT

- FLAT IRON STEAK & FRITES 908kcal 14.50
6oz flat iron steak, confit garlic butter, Maldon sea salted fries, rocket, salsa verde
- 6OZ BRITISH BEEF BURGER 1504kcal 16.00
Seeded non-gluten bun, smoked streaky maple bacon, Emmental cheese, chipotle mayo, shredded gem lettuce, alfalfa sprouts, Maldon sea salted fries
- CRISPY BUTTERMILK CHICKEN BURGER 940kcal 15.50
Marinated chicken thigh, seeded non-gluten bun, cucumber ribbons, shredded gem lettuce, chilli jam, Maldon sea salted fries
- BEYOND BURGER v 1044kcal 15.00
Seeded non-gluten bun, smashed avocado, plant-based feta, cucumber ribbons, shredded gem lettuce, Maldon sea salted fries
- KALE, AVOCADO & PINE NUT SALAD ve 570kcal 13.50
Cucumber ribbons, baby spinach, quinoa, toasted seeds, lemon & olive oil dressing
- Add halloumi v 2.75 433kcal, chicken breast 3.25 237kcal, king prawns 3.75 135kcal, seabass fillet 5.75 302kcal

SIDES

- TRIPLE-COOKED CHIPS ve 448kcal 4.00
- MALDON SEA SALTED FRIES ve 455kcal 4.00
- KALE, AVOCADO & PINE NUT SALAD ve 285kcal 3.50
Cucumber ribbons, baby spinach, quinoa, toasted seeds, lemon & olive oil dressing
- TENDERSTEM BROCCOLI, KALE & GREEN BEANS ve 102kcal 3.75
- SUNDAY ROASTS Served Sundays only**
Our Sunday roasts are all freshly prepared and served with roast potatoes, seasonal vegetables and gravy
- TOPSIDE BEEF 1223kcal 18.50
- HALF ROAST CHICKEN 1575kcal 16.50
- SWEET POTATO & CHESTNUT ve 838kcal 14.50

SUNDAY SIDES

- CAULIFLOWER CHEESE v 319kcal 3.50
- PORK CRACKLING & APPLE SAUCE 147kcal 2.00

DESSERTS

- PASSIONFRUIT MESS v 549kcal 6.75
Mango puree, passionfruit, whipped cream, meringue pieces
- WARM CHOCOLATE BROWNIE v 829kcal 6.75
Clotted cream ice cream, chocolate sauce
- LUXURY ICE CREAM v 625kcal 6.00
- Choose 3 scoops from:**
- | | |
|---------------------|--------------------------|
| Clotted cream | White chocolate & cherry |
| Lemon curd meringue | Salted caramel ripple |
- COFFEE & CREAM v 364kcal 5.50
Ice cream and coffee – the perfect combo!
- Choose a scoop of:**
- | | |
|---------------------|--------------------------|
| Clotted cream | White chocolate & cherry |
| Lemon curd meringue | Salted caramel ripple |

(V) Suitable for vegetarians. (VE) Suitable for vegans. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. All items are subject to availability. Adults need around 2000 kcal a day. Allergen Information. If you have any allergies or dietary requirements, please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten, or other allergens. Menu descriptions do not contain all ingredients. Our fryers are used to cook different products so we cannot guarantee total absence of animal products or allergens. A full list of allergens in each dish is available for your peace of mind. All prices include VAT. Service is not included. All tips are retained by the grateful team.



N O N - G L U T E N M E N U

