

The Old Beams Mains



STARTERS & SMALL PLATES

= Recommended Wine

Prawn Cocktail <i>with crusty brown bloomer & butter.</i>	£4.50
Freshly Made Soup of the Day <i>with crusty white bloomer & butter.</i>	£3.55
Chargrilled King Prawn Skewer <i>infused with subtle favours of the orient.</i>	£4.25
Stuffed Baked Field Mushroom <i>topped with tomato, our fresh, four herb crumb & melting goats cheese.(V)</i>	£4.50
Duck Liver & Game Pâté <i>with a port & lemon glaze and toasted crusty brown bloomer & butter.</i>	£4.25
Chargrilled Chicken Skewers <i>simply grilled with our fresh, four herb marinade, served with a peri peri dip.</i>	£4.30
Trio of Tomato Salad <i>with three varieties of sunblushed tomatoes, dressed mixed leaves and a julienne of vegetables.(V)</i>	£4.25
Crispy Whitebait <i>with a home made lemon tartare sauce.</i>	£3.50

FROM THE CHARGRILL

Sirloin Steak (8oz) or Rump Steak (10oz)	£11.75 or £13.50	
Butterflied Chicken Breast <i>choose from Simply Seasoned or drizzed with our Fresh Four Herb or Cajun Marinades.</i>	£8.95	
Our steaks and chicken are served with grilled tomato, flat mushroom, dressed salad leaves & chips. They are even better if you add a dark peppercorn & madeira, four mustard cream, or Wiltshire bacon & forestiere sauce. £1.50		
Gammon Steak <i>served with fried free range egg, pineapple, grilled tomato, flat mushroom & chips.</i>	£6.45(S/P) £8.95	
Chargrilled 100% Beefburger <i>with Emmental cheese, crispy bacon, malted seeded roll & chips.</i>	£7.55	
Steak & Frites <i>a 6oz Ribeye simply served with dressed leaves & skinny fries.</i>	£8.95	
"Why not add a king prawn skewer, chicken skewer or pot of beef chilli for £1.50"		

PUB CLASSICS & MORE

Home Made Beef Lasagne <i>with dressed side salad and stonebaked garlic Napolitan flat bread.</i>	£5.75(S/P) £7.95	
Home Made Wild Mushroom & Spinach Lasagne <i>with dressed side salad and stonebaked garlic Napolitan flat bread. (V)</i>	£5.75(S/P) £7.95	
Hand Cut Honey Roast Ham <i>with a couple of free range eggs and chips.</i>	£4.95(S/P) £6.95	
Pan-Roasted Chicken Breast <i>with an Applewood smoked Cheddar & leek sauce, rosemary roasted potatoes and seasonal vegetables.</i>	£9.95	
British Steak, McMullen Cask Ale & Onion Pie <i>served with mash, seasonal steamed vegetables & gravy.</i>	£7.95	
Slow Braised Beef Rib <i>with a rich barbecue sauce & chips.</i>	£8.95	
Chargrilled Chicken & Crispy Bacon Salad <i>with a Caesar dressing and parmesan shavings.</i>	£7.95	
Butternut Squash & Cashew Nut Roast <i>with a roast pepper and balsamic sauce, new potatoes and dressed side salad. (V)</i>	£8.95	
Cumberland Sausages <i>with mash, gravy & caramelised onions.</i>	£4.95(S/P) £6.95	
Roasted Red Pepper <i>stuffed with Mediterranean cous cous, on a bed of rustic ratatouille. (V)</i>	£5.95(S/P) £7.95	
New Zealand Lamb Fillet <i>served pink with rosemary roasted potatoes, steamed seasonal vegetables with a lemon & basil dressing.</i>	£12.50	

FISH

McMullen Cask Beer Battered Fish <i>served with chips, mushy peas and a home made lemon tartare sauce.</i>	£5.75(S/P) £7.95	
Grilled Salmon Niçoise Salad <i>with green beans, tomato, red onion, new potatoes, egg, olives & cucumber.</i>	£8.95	
Salmon & Dill Fishcake <i>with seasonal steamed green vegetables and a cider & chive beurre blanc.</i>	£8.25	
Grilled Cornish Sardine Fillets <i>with garlic butter and a dressed tomato, vegetable & leaf salad.</i>	£6.50(S/P) £8.50	
Pan-Fried Red Snapper <i>with garlic butter, served on a bed of Mediterranean cous cous & a dressed side salad.</i>	£7.95	

"Please see the board for today's recommendations"

Paxton Crescent, Shenley Lodge, Milton Keynes MK5 7AE Tel. 01908 201054

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www.mcmullens.co.uk/old beams

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SHARERS

Baked Camembert <i>drizzled with garlic butter & served with a generous portion of our stonebaked Napolitan flat bread soldiers!</i>	£7.95	12
Antipasti Platter <i>a selection of cured meats, olives, artichoke hearts, sunblushed tomatoes, peppers and humous with chunks of our stonebaked Napolitan flat bread.</i>	£9.95	1
Seafood Platter <i>a mix of your seafood favourites including whitebait, prawns, anchovy fillets, dill & mustard salmon rolls, taramasalata with chunks of our stonebaked Napolitan flat bread bread.</i>	£9.95	10
Breads & Oils <i>a generous portion of our our stonebaked Napolitan flat bread, served simply with oil & balsamic vinegar.</i>	£3.95	11

"Why not add a selection of dips for £2.00"

SIDE ORDERS

Skinny Chips & Dips	£2.45	Rustic Chips	£2.25
Crispy Coated Mushrooms	£2.95	Beer Battered Onion Rings	£2.10
Dressed House Salad	£2.45	Stonebaked Garlic Napolitan Flat Bread	£1.95
Bowl of Olives	£2.25	Stonebaked Garlic Napolitan Flat Bread with Cheese	£2.25
Rosemary Roasted Potatoes	£2.45	Buttered New Potatoes	£2.45
Steamed Seasonal Vegetables	£2.45	Bowl of Nuts	£2.25

SUNDAY LUNCH

Every Sunday we offer a choice of Two Delicious Hand Carved Roasts with a Home Made Yorkshire Pudding <i>...but when they're gone, they're gone!!</i>	£8.45
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DESSERTS

Hot Belgian Waffle <i>with a rich caramel sauce & ice cream.</i>	£4.25	Crème Brûlée <i>with an elderflower & summer fruit compote.</i>	£4.95
Eton Mess <i>with layers of fresh cream, strawberries and meringue together with a raspberry coulis.</i>	£4.45	Today's Special Dessert <i>Just ask for today's tempting treat!</i>	£4.45
Bramley Apple Pie <i>with custard.</i>	£3.95	Beachdean Dairy Ice Cream <i>Three scoops - you choose from vanilla, strawberry or chocolate.</i>	£3.95
Warmed Chocolate Brownie <i>with ice cream.</i>	£4.25	Banoffee Pie <i>with ice cream.</i>	£4.95
Chocolate Lumpy Bumpy <i>for chocolate lovers.</i>	£4.25	The Kitchen Sink! - (To Share) <i>A mountain of rich chocolate mousse, vanilla ice cream, chocolate ice cream and warm chocolate brownie topped off with freshly whipped cream, chocolate sauce and two sticks of Cadburys flake!</i>	£7.95
Blackberry & Apple Crumble <i>with custard.</i>	£3.95		

BEVERAGES

Espresso	<i>single / double</i> £1.55 / £2.10	Hot Chocolate	£1.95
Cappuccino	£2.15	Traditional English Tea	£1.75
Caffe Latte	£2.15	A Selection of Fruit Tea Infusions	£1.75
Mochachino	£2.15	Iced Frappes & Smoothies	£1.75
Americano <i>with milk or cream.</i>	£1.95	Please ask our staff about our speciality liqueur coffees	

"Our hot drinks are great with one of our muffins £1.95"

"We are proud of the quality of our traditional real ales and selected wines.
If you would like to try any before you buy, please just ask at the bar"

Please ask if you would like to see our Children's menu

Please order your food and drink at the bar

Seriously Relaxed Dining!

All weights are approximate prior to cooking. All items are subject to availability. All prices include V.A.T at 17.5%. We cannot guarantee that fish products on this menu do not contain bones or that products on this menu do not contain nuts or nut derivatives. S/P = Smaller portion.

Snacks



FRESHLY MADE SANDWICHES

Choose from crusty white or brown bloomer.

Mature Cheddar Cheese & Branston	£3.95
Prawns in a Marie Rose Sauce	£4.75
Chicken, Bacon & Mayonnaise	£4.75
Fish Finger Sandwich <i>Breaded fish goujons and our home-made lemon & tartare sauce.</i>	£4.95
Hand Cut Ham & Tomato	£4.25
Tuna & Mayonnaise	£4.25
Steak & Caramelised Onions	£6.95
Cumberland Sausage & Caramelised Onions	£4.95

HOT BUTTERED BAKED POTATOES

Melted Mature Cheddar Cheese <i>Why not add beans £1.00</i>	£4.50
Prawns in a Marie Rose Sauce	£5.25
Tuna & Mayonnaise	£4.75
Beer Smokehouse Chilli	£4.95

LIGHTER BITES

Chargrilled 100% Beefburger <i>with Emmental cheese, crispy bacon, malted seeded roll & chips.</i>	£7.55
Chargrilled Chicken & Crispy Bacon Salad <i>with a Caesar dressing & parmesan shavings.</i>	£7.95
Nachos <i>crispy tortilla chips with melted Cheddar, salsa, sour cream & jalapenos.</i>	£4.95
Beer Smokehouse Chilli <i>A twist on an old favourite, served with long grain rice and sour cream.</i>	£6.95
Steak & Frites <i>a 6oz Ribeye simply served with dressed leaves & skinny fries.</i>	£8.95
Chicken & Bacon Stack <i>chargrilled chicken, crispy bacon, mayonnaise, malted seeded roll & chips.</i>	£6.25

SIDE ORDERS

Skinny Chips & Dips	£2.45
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Dressed House Salad	£2.45
Bowl of Olives	£2.25
Rosemary Roasted Potatoes	£2.45
Steamed Seasonal Vegetables	£2.45
Rustic Chips	£2.25
Beer Battered Onion Rings	£2.10
Stonebaked Garlic Napolitan Flat Bread	£1.95
Stonebaked Garlic Napolitan Flat Bread with Cheese	£2.25
Buttered New Potatoes	£2.45
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Hot Chocolate	£1.95
Traditional English Tea	£1.75
A Selection of Fruit Tea Infusions	£1.75
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Wines



RED

	175ml	250ml	Bottle
 Calafatte - Pinot Noir - Patagonia <i>Redcurrant and cherries, with a creamy smooth finish. Why not try it chilled!</i>	£4.05	£5.10	£14.95
 Palena - Merlot - Chile <i>Rich and chocolaty, smooth, instantly mouth-filling merlot.</i>	£4.05	£5.10	£14.95
 Castillo de Clavijo Rioja - Tempranillo - Spain <i>A juicy, berry packed explosion of flavour from the most famous name in Spain.</i>	£3.90	£4.90	£14.45
 Thomas Mitchell - Shiraz - Australia <i>Richly concentrated black cherries with peppery spice and smooth hints of vanilla that typifies good Aussie Shiraz. Made by Ben Haines, Australia's Young Winemaker of the Year 2009.</i>	£3.80	£4.75	£13.95
 Stonebarn - Cabernet Sauvignon - USA <i>Beautifully smooth with blackcurrant and blackberries galore and splash of cream in the finish!</i>	£3.70	£4.65	£13.75
 Libertad - Malbec/Shiraz - Argentina <i>Ripe, juicy, smooth - easy drinking red.</i>	£3.30	£4.15	£12.25

ROSÉ

	175ml	250ml	Bottle
 Lambertini Blush - Pinot Grigio - Italy <i>Pale pink modern rosé with light raspberry and strawberry notes, and just a hint of sweetness.</i>	£4.05	£5.10	£14.95
 Monte Clavijo Rioja - Garnacha Rosado - Spain <i>Clean and crisp with aromas and flavours of strawberry, cherry, citrus fruit and raspberry.</i>	£3.90	£4.90	£14.45
 La Serre - Rosé de Syrah - France <i>A medium bodied wine, full of fruit and easy on the palate.</i>	£3.70	£4.65	£13.75

WHITE

	175ml	250ml	Bottle
 Johnson Estate - Sauvignon Blanc - New Zealand <i>From NZ's Producer of the Year (IWSC Awards 2009) - abundant gooseberry and passionfruit.</i>	£4.10	£5.20	£15.25
 Castillo de Clavijo Rioja - Barrel Fermented Viura - Spain <i>Soft and delicate with hints of fruit and flowers along with some toasty oak flavours and a creamy finish.</i>	£3.90	£4.90	£14.45
 JL Wolf - Riesling - Germany <i>Zingy and fresh, but never overpowering. A medium wine that has an elegant palate.</i>	£3.80	£4.75	£13.95
 Deakin - Chardonnay - Australia <i>This cracking wine is packed full of ripe peach and tropical fruit flavours.</i>	£3.80	£4.75	£13.95
 Operetto - Garganega/Pinot Grigio - Italy <i>The sexy sounding smooth Italian - UK's favourite.</i>	£3.80	£4.75	£13.95
 Libertad - Chenin/Chardonnay - Argentina <i>Bags of tropical apricots and peaches - vibrant.</i>	£3.30	£4.15	£12.25

CHAMPAGNE & SPARKLING

			Bottle
Champagne Veuve Clicquot Ponsardin - Yellow Label Brut NV <i>The famous yellow label says it all - this is a great champagne and a joy to sip. A timeless classic.</i>	-	-	£40.00
Champagne De Nauroy - Brut NV <i>De Nauroy hits the mark with fine bubbles and delicate flavours.</i>	-	-	£27.25
Torre del Gall - Cava Brut Reserva NV - Spain <i>Bursting with Spanish verve and vitality. Just the thing to get things started with a bang.</i>	-	-	£16.95
Marquis de la Tour - Rosé Brut NV - France <i>Beautiful pink color, tight mousse and loads of fresh strawberry fruit. Almost too tasty, it goes down soooo easy!!</i>	£3.50 (125ml)	-	£15.95

"Fancy something different? - Look out for our Wines of the Moment"

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