

NON-GLUTEN


EAT AND DRINK

STARTERS

- BOWL OF OLIVES OR MIXED NUTS**  Each £2.75
..... Both £4.95
- FARMHOUSE PÂTÉ** £4.95
Chicken and pork liver, served with non gluten toast,
butter and caramelised onion chutney
- HALLOUMI CHEESE**  £5.25
with a mango salsa
- PRAWN COCKTAIL** £5.35
served with non gluten bread
- POTATO SKINS** £4.75
Choose between cheese, bacon and BBQ
sauce **OR** sour cream and tomato salsa 
- OUR SOUP OF THE DAY** £4.45
served with non gluten bread



SIDES

- SEASONAL BUTTERED VEGETABLES**  £2.25
- SWEET POTATO CUTS**  £3.75
- CHIPS**  £2.60
- FRESHLY MADE COLESLAW**  £1.95
- NON GLUTEN BREAD & BUTTER**  £1.55
- MAC'S HOUSE SALAD**  £2.50
Tomato, cucumber, red onion, edamame beans,
white cabbage, carrots, spinach, mixed salad leaves
and French dressing



OUR CLASSICS

- SEABASS FILLETS** £10.95
with basil oil, new potatoes, ratatouille
and passata sauce
- HUNTER'S CHICKEN** £9.95
Chicken breast and smoked streaky bacon,
BBQ sauce and melted Cheddar cheese,
with chips and coleslaw
- LIVER & BACON** £8.95
Lamb's liver and smoked streaky bacon with
mashed potatoes and onion gravy
- HAND CUT HAM & FREE RANGE EGGS** ... £8.25
with chips
- SWEET POTATO & BUTTER BEAN STEW** £7.95
served with a toasted seeded non gluten roll
- CHICKEN TIKKA MASALA** £9.95
with pilau rice, mango chutney and poppadum 
- MAC'S HEALTH SALAD** £6.95
Quinoa, tomato, cucumber, red onion, edamame beans,
white cabbage, carrots, spinach, mixed salad leaves,
toasted seeds and French dressing
Add a topping: 

ADD CHICKEN BREAST for £3.45
ADD SEABASS FILLETS for £3.45
ADD HALLOUMI  for £3.45

SWAP YOUR CHIPS TO SWEET POTATO CUTS  £1.00

TURNOVER FOR DESSERTS & DRINKS



Sunday Lunch

BOOK YOUR TABLE IN ADVANCE
ONLINE: MCMULLENS.CO.UK

Every Sunday we offer at least two hand carved traditional meat
roasts, home-made Yorkshire puddings and all the trimmings.
Please ask for this week's choice.


GRILLS, BURGERS & STACKS



*All burgers served in a seeded bun with tomato,
gherkin, red onion and crispy salad leaf with chips
and freshly made coleslaw. Non-gluten buns available.*

- CLASSIC BEEF BURGER** £8.25
- CHEESE & BACON BURGER** £9.75
The classic burger with Emmental cheese
and smoked streaky bacon

DOUBLE YOUR BURGER for £2.75

- HALLOUMI & SWEET POTATO STACK**  ... £9.25
Deep fried halloumi and sweet potato cuts
with mango salsa

 Keetch hospice care +25p donation



SWAP YOUR CHIPS TO SWEET POTATO CUTS £1.00



*All steaks and skewers are served with grilled
Balsamic tomato, and with a choice of garden peas
or dressed salad and a choice of chips, jacket potato
or rice*

- CHICKEN SKEWERS** £10.55
with red pepper
- BRITISH CURED 10^{oz} GAMMON STEAK** £10.55
with free-range fried eggs or pineapple
- RUMP STEAK 8^{oz}** £11.45

GREAT WITH A SAUCE! Choose from creamy
peppercorn, or creamy mushroom Diane
sauce for £1.50

ADD AN EGG for £1.00

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DESSERTS



- LEMON MERINGUE PIE** (V) £4.95
with limoncello coulis and vanilla ice cream
- NEW YORK VANILLA CHEESECAKE** (V) £4.75
with raspberry coulis and vanilla ice cream
- ETON MESS** (V) £4.95
with fresh strawberries, broken meringue,
fresh whipped cream and vanilla ice cream
- WARM CHOCOLATE BROWNIE** (V) £4.75
with chocolate sauce and vanilla ice cream
- DAIRY ICE CREAM** (V) £3.95
Vanilla, strawberry or chocolate

HOT DRINKS

- TRADITIONAL ENGLISH TEA** £1.75
- A SELECTION OF FRUIT & HERBAL TEAS** .. £1.85
- ESPRESSO** ... Single shot £1.70 Double shot £2.25
- CAPPUCCINO** £2.35
- CAFFÉ LATTE** £2.15
- FRESHLY GROUND COFFEE** £1.95
with milk OR cream
- HOT CHOCOLATE** £2.25
- INDULGENT HOT CHOCOLATE** £2.50
with whipped cream and marshmallows
- A SELECTION OF LIQUEUR COFFEES** * £3.75
including Jameson™ and Tia Maria™
- BAILEYS™ LATTE** * £3.75
- HOT CHOCOLATE ORANGE** * £3.75
with Cointreau™ and steamed milk

WINES & SPARKLING



WHITE

	175ml	250ml	Bottle
FINCA VALERO BLANCO MACABEO SPAIN £3.80 ... £5.45 ... £14.75 Peach and apple flavours, dry and refreshing			
THE PADDOCK CHARDONNAY AUSTRALIA £4.20 ... £5.90 ... £15.75 A juicy, sun-packed wine with tropical fruit flavours			
CONTO VECCHIO PINOT GRIGIO DELLE VENEZIE ITALY £4.60 ... £6.55 ... £17.50 Citrus fruits, floral aromas, crisp and refreshing			
SANTA RITA 8KM SAUVIGNON BLANC CHILE £4.35 ... £6.20 ... £16.00 Lime, lemon zest and grapefruit			
MAMAKU SAUVIGNON BLANC NEW ZEALAND £5.00 ... £7.10 ... £19.00 Jam-packed with flavours of apples, pears and gooseberries			

ROSÉ

	175ml	250ml	Bottle
LA MAGLIA ROSA PINOT GRIGIO BLUSH ITALY £4.40 ... £6.25 ... £16.50 Fruity and floral, crisp and refreshing			
THE BULLETIN ZINFANDEL ROSE USA £4.70 ... £6.65 ... £17.50 Raspberry and watermelon - sunshine in a glass			

RED

	175ml	250ml	Bottle
FINCA VALERO TINTO TEMPRANILLO GARNACHA SPAIN £3.80 ... £5.45 ... £14.75 Easy-drinking red with dark berry fruits and hint of pepper			
THE PADDOCK SHIRAZ AUSTRALIA £4.25 ... £6.00 ... £15.95 Full bodied and rich with plum, red berries, spice and pepper			
SANTA RITA 8KM MERLOT CHILE £4.65 ... £6.50 ... £16.80 Soft and easy drinking with ripe red fruit flavours			
CASTILLO CLAVIJO RIOJA TEMPRANILLO SPAIN £4.60 ... £6.55 ... £17.50 Black cherries with aromas of sweet vanilla, a smooth and elegant wine			
ARGENTO MALBEC ARGENTINA £4.90 ... £7.00 ... £19.00 Velvety smooth with flavours of plums, black cherries and hints of violet - made for meat			

CHAMPAGNE & SPARKLING

	125ml	Bottle
DE NAUROY BRUT NV FRANCE £38.00 A fresh, lemony Champagne - perfect for celebrations!		
VAPORETTO PROSECCO ITALY £3.70 ... £19.50 Full of lively, little bubbles and lovely soft lemon and pear fruit flavours		
CAVICCHIOLI PIGNOLETTO MODENA DOC SPUMANTE NV ITALY £3.15 ... £17.00 Floral and fruity Italian sparkler from the home town of Ferrari		

Real Ale

**WE ARE PROUD OF OUR AWARD WINNING
MCMULLEN CHAMPION BEERS IF YOU WOULD
LIKE TO SAMPLE ONE - ASK OUR TEAM**

Event to Plan?

**WE CATER FOR BUSINESS MEETINGS AND
FAMILY OCCASIONS - TO BOOK ASK
THE TEAM FOR MORE DETAILS**



HOW MANY UNITS IN YOUR DRINK? Please drink responsibly. UK chief medical officers recommend that for adult men and women, it is safest to drink less than 14 units a week and if you drink this quantity, it should be spread evenly over a minimum of 3 days. Wines on the list may contain sulphites, egg or milk products.



For every McMullen's Mighty Burger sold - £0.25 plus VAT will be paid to Keetch Hospice Care - Hertfordshire's children's hospice. Registered Charity no. 1035089. Only 1 in 3 Hertfordshire children get the hospice care they deserve. We want to make sure we reach every single child in Hertfordshire and give them and their families the support they need; at the time they need it most.

© Suitable for vegans (V) Suitable for vegetarians. * Contains alcohol. Fish and poultry dishes may contain bones. Desserts contain calories. All weights are approximate prior to cooking. All items are subject to availability. **Allergen Information.** If you have any allergies or dietary requirements please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten or other allergens. A full list of allergens in each dish is available for your peace of mind. All prices include V.A.T. SERVICE IS NOT INCLUDED. ALL TIPS ARE RETAINED BY THE GRATEFUL TEAM.

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QUALITY PUB FOR FRIENDS AND FAMILY

