

# NON-GLUTEN MENU

GARLIC & HERB MARINATED MIXED  
OLIVES (VE) £3.50

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## SMALL PLATES

HUMMUS DUO (VE) 6.00  
Traditional hummus, beetroot & apple hummus,  
olive oil & gluten free bread

HALLOUMI FRIES (V) 6.00  
Paprika coated & sweet chilli sauce

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## MAIN PLATES

BRITISH CURED GAMMON STEAKS  
£10.10

Two chargrilled 5oz gammon steaks, free range  
fried eggs, chunky chips, beef tomato & flat  
mushroom

PAN-ROASTED SALMON FILLET £12.45

Marinated with olive oil, lemon, garlic & herbs.  
Sauteed garlic baby potatoes, grilled lemon,  
tenderstem broccoli & dill oil

ROASTED VEGETABLE SALAD (VE)  
£9.55

Tenderstem broccoli, kale, roasted vegetables,  
quinoa, baby spinach, pomegranate, toasted  
seeds, lemon & olive oil

WITH grilled halloumi (v) £11.95

WITH chargrilled chicken £12.45

PEA & MINT RISOTTO (VE) £9.55

Crispy kale, toasted pumpkin & chia seeds & dill oil

WITH chargrilled chicken £12.95

WITH marinated salmon £13.45

## BURGERS

Burgers served in a gluten free bun with beef  
tomato, gem lettuce, pickled gherkins, burger  
sauce & sea salted & thyme skin on fries

6oz BEEF BURGER £10.80

SWEET POTATO & HALLOUMI STACK  
BURGER (V) £9.85

Add Barber's Vintage Farmhouse Cheddar £1.50

Add smoked streaky bacon £1.50

Swap fries to sweet potato fries for £1.25

## SANDWICHES

Sandwiches served on gluten free  
bread with a mug of sea salted &  
thyme skin on fries or a house salad  
(served daily until 5pm)

A.H.T. SANDWICH (V) £7.95

Avocado, halloumi, tomato, dill oil &  
Tracklements™ onion marmalade

C.B.L.T. SANDWICH £7.95

Chargrilled chicken breast, smoked  
streaky bacon, beef tomato, gem  
lettuce & mayonnaise

STEAK SANDWICH £7.95

4oz Sirloin steak, Tracklements™  
onion marmalade, gem lettuce &  
horseradish

## SIDES

SKIN ON FRIES/CHUNKY CHIPS (VE) £3.75

SWEET POTATO FRIES (VE) £3.95

HOUSE SALAD (VE) £2.50

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## DESSERTS

WARM CHOCOLATE BROWNIE (V) £4.95

Vanilla pod ice cream & chocolate sauce

GREEN APPLE SORBET (VE) £4.95

Raspberry coulis

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FRESHLY COOKED SUNDAY ROASTS AVAILABLE - BOOK NOW TO AVOID DISAPPOINTMENT

BOOK ONLINE NOW [WWW.MCMULLENS.CO.UK](http://WWW.MCMULLENS.CO.UK)

(V) SUITABLE FOR VEGETARIANS. (VE) SUITABLE FOR VEGANS. FISH AND POULTRY DISHES MAY CONTAIN BONES. ALL WEIGHTS ARE APPROXIMATE PRIOR TO COOKING. ALL ITEMS ARE SUBJECT TO AVAILABILITY. **ALLERGEN INFORMATION.** IF YOU HAVE ANY ALLERGIES OR DIETARY REQUIREMENTS PLEASE SPEAK TO OUR TEAM FOR MORE INFORMATION. OUR KITCHENS CONTAIN MANY INGREDIENTS AND SO WE CANNOT GUARANTEE THE TOTAL ABSENCE OF NUTS, GLUTEN OR OTHER ALLERGENS. A FULL LIST OF ALLERGENS IN EACH DISH IS AVAILABLE FOR YOUR PEACE OF MIND. ALL PRICES INCLUDE V.A.T.

SERVICE IS NOT INCLUDED. ALL TIPS ARE RETAINED BY THE GRATEFUL TEAM.