GRAZING

ROASTED & SALTED CASHEWS @ 466kcals	4.00
NOCELLARA GREEN OLIVES @ 162kcals Maldon sea salt	4.00
WARM FOCACCIA BREAD @ 679kcals Extra virgin olive oil and balsamic	4.00
CARAMELISED CHILLI HONEY NUTS ⊕ 670kcals Cashews, pecans, pistachios	4.25
SPICED HUMMUS @ 287kcals Focaccia sticks, extra virgin olive oil, pomegranate seeds, coriander cress	4.50

SHARERS

BAKED CAMEMBERT © 1134kcals Pistachios, apricots, chilli infused honey, extra virgin olive oil, focaccia sticks	12.50
NACHOS ® 1177/kcals Multigrain tortilla nachos, five bean chilli, melted Cheddar cheese, sour cream, guacamole	10.95

SMALL PLATES 7.00

CURRIED CAULIFLOWER

WINGS @ 631kcals

Madras batter, mango relish, chilli flakes, spring onion

HALLOUMI FRIES W 826kcals

Tracklements chilli jam, garlic and parsley mayonnaise, pomegranate seeds

TEMPURA PADRON PEPPERS @ 343kcals Maldon sea salt, smoky chipotle mayonnaise

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DUCK CROQUETTES 823kcals

Smoky chipotle mayonnaise, spring onion, flat leaf parsley

STICKY THAI CHICKEN BITES 849kcals

Toasted sesame seeds, spring onion, coriander cress

ROAST CHORIZO 629kcals

Red wine, chilli infused honey, focaccia sticks, coriander cress

KING PRAWNS PIL PIL 847kcals

Chilli, garlic and parsley butter, warm focaccia bread

DRY CURED PORK COPPA 702kcals

Gran Moravia cheese, sunblushed tomatoes, rocket, extra virgin olive oil, warm focaccia bread

COD GOUJONS 663kcals

Atlantic cod goujons in herb batter, tartare sauce

SMOKED HADDOCK & DILL CROQUETTES 674kcals

Crispy kale, Maldon sea salt, tartare sauce

TORCHED ROSARY GOAT'S CHEESE © 342kcals

Focaccia crouton, candied orange, pomegranate seeds, extra virgin olive oil, coriander cress

MAIN PLATES

KALE CAESAR ⊕ 519kcals Baby spinach, sunblushed tomatoes, Gran Moravia cheese, focaccia croutons, soft-boiled free range egg	10.95
add grilled halloumi 2.75 499kcals, chargrilled chicken 3.25 237 kcals, grilled prawns 3.75 20 salmon fillet 5.75 346kcals)1 kcals,
SALT "BOEF" RAGU ® 1157kcals Plant based beef, rigatoni pasta, sunblushed tomatoes, rocket, extra virgin olive oil	13.95
JAVA CURRY WELLNESS BOWL @ 340kcals Kale, baby spinach, grilled corn, cauliflower rice, Tenderstem broccoli, leeks, toasted seeds, roasted cashews, pomegranate seeds, Java curry sauce, extra virgin olive oil	12.75
add grilled halloumi 2.75 499kcals, chargrilled chicken 3.25 237 kcals, grilled prawns 3.75 20 salmon fillet 5.75 346kcals	01 kcals,
HAND BATTERED FISH & CHIPS 1069kcals Atlantic cod fillet, herb batter with Maldon sea salt, triple-cooked chips, smashed peas, grilled lemon	15.95
GRILLED SALMON 767kcals Fennel, cucumber and Jersey Royal salad, red chillies, grilled lemon, sour cream dressing, flat leaf parsley, mint, pomegranate seeds	15.95
CHIMICHURRI SHREDDED CHICKEN RICE BOWL 1013kcals Brown rice, kale, paprika chickpeas, baby spinach, fennel, flat leaf parsley, seeded avocado, pomegranate seeds, sour cream dressing, grilled lemon	14.95
28 DAY AGED SIRLOIN STEAK 1514kcals Chargrilled 8oz sirloin steak, triple-cooked chips, slow roasted beef tomato, flat mushroom, peppercorn sauce, dressed house salad	18.50

HANDCRAFTED PIES 14.95

SERVED WITH CREAMED MASH 274kcals OR TRIPLE-COOKED CHIPS 580kcals, RED WINE GRAVY, FRESH GREENS

SPICED CAULIFLOWER, SPINACH & LENTIL PIE @ 752kcals

STEAK & ALE PIE 848kcals

Hand diced British beef braised with onions and ale in a rich meat sauce

CHICKEN, HAM HOCK & LEEK PIE 902kcals

Shredded British chicken, ham hock in a cream sauce

BURGERS

WAGYU BURGER 1545kcals

Tennessee seeded brioche bun, beef tomato, gem lettuce, pickled gherkins, burger sauce, triple-cooked chips				
KOREAN CHICKEN BURGER 1333kcals Buttermilk chicken breast, coated in panko crumb, kimchi 'slaw, Tracklements chilli jam, Java curry sauce, triple-cooked chips				
BEETROOT, CORIANDER & MINT BURGER @ 1010kcals 11.95 Plant based pretzel bun, burrito mix, pineapple, lemongrass and ginger dressing, triple-cooked chips				
add Barber's vintage Cheddar 351kcals, Emmental cheese 73kcals, smoked streaky bacon 156kcals 1.50 each				
SANDWICHES s	ERVE	D MON-SAT UNTIL 5PM		
SERVED ON SLICED BLOOMER BREAD WITH A MUG OF TRIPLE-COOKED CHIPS 580kcals OR A DRESSED HOUSE SALAD 128kcals swap fries to sweet potato fries 649kcals 1.50				
AHT SANDWICH © 1007kcals Avocado, halloumi, tomato, dill oil, Track onion marmalade	8.75 lements	COD GOUJON SANDWICH 701kcals Atlantic cod goujons in herb batter with lettuce, tartare sauce	8.75 gem	
CBLT SANDWICH 827kcals Chargrilled chicken breast, smoked strea bacon, beef tomato, gem lettuce, mayon		STEAK SANDWICH 701kcals 4oz sirloin steak, Tracklements onion marmalade, gem lettuce, horseradish	9.25	
SUNDAY ROASTS SERVED SUNDAYS ONLY				
OUR SUNDAY LUNCHES ARE ALL FRESHLY PREPARED AND SERVED WITH ROAST POTATOES, SEASONAL VEGETABLES, YORKSHIRE PUDDING AND ROAST GRAVY				
TOPSIDE BEEF 1698kcals	17.25	SWEET POTATO &	13.25	
HALF ROAST CHICKEN 2116kcals	15.25	CHESTNUT @ 1192kcals		
SIDES				
Cauliflower Cheese © 319kcals	2.75	Extra Yorkshire © 123kcals	1.25	
Pigs In Blankets 249kcals	2.50	Pork Crackling & Apple Sauce 109kcals	1.50	
Sage & Onion Stuffing @ 347kcals	1.25			

14.50

SIDES

TRIPLE-COOKED CHIPS @ 580kcals	3.45	HOUSE SALAD @ 128kcals 2.75
SWEET POTATO FRIES @ 649kcals	3.95	and beer tomato, red onlon, red peppers, grate
ONION NESTS @ 659kcals	3.75	carrot, lemon and extra virgin olive oil dressing
KIMCHI 'SLAW ⑩ 15kcals	1.95	

DESSERTS 6.00

LOTUS BISCOFF CHEESECAKE 921kcals

Dulce De Leche caramel sauce, vanilla pod ice cream, mint

BELGIAN WAFFLE () 692kcals

Dulce De Leche caramel sauce, vanilla pod ice cream, mint

LEMON TART W 669kcals

Raspberry sorbet, crushed meringue, whipped cream

WARM CHOCOLATE BROWNIE © 829kcals

Salted caramel, vanilla pod ice cream, chocolate sauce

AFFOGATO @ 642kcals

Vanilla pod ice cream, crushed biscuit, espresso, chocolate sauce

CAMBRIDGE BURNT CREAM © 550kcal

Caramelised sugar, chilli infused honey roasted pecans

MINI DESSERT & COFFEE 4.75

Cambridge burnt cream © 274kcal, warm chocolate brownie © 310kcals, affogato ® 220kcal

HOT DRINKS

AMERICANO Okcals	2.90	HOT CHOCOLATE 234kcals 3.7
ESPRESSO Okcals	2.25/2.60	Indulge and add whipping cream and marshmallows 59kcals 1.00
MOCHACCINO 110kcals	3.25	TEA PIGS 2.60
CAPPUCCINO 153kcals	3.25	pepper mine occais, supermult occais of maon eng
CAFFE LATTE 153kcals	3.25	green tea Okcals
FLAT WHITE 120kcals	3.25	

(V) Suitable for vegetarians. (VE) Suitable for vegans. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. All items are subject to availability. Adults need around 2000 kcal a day. Allergen Information. Non-gluten menu is available upon request. If you have any allergies or dietary requirements, please speak to our team for more information. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten, or other allergens. Our fryers are used to cook different products so we cannot guarantee total absence of animal products or allergens. A full list of allergens in each dish is available for your peace of mind. All prices include VAT. Service is not included. All tips are retained by the grateful team.