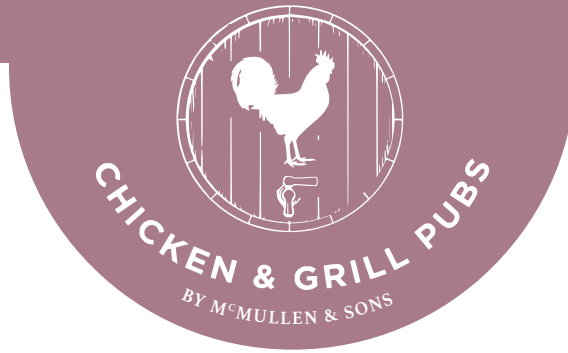


NON-GLUTEN MENU

please make us aware of any allergies when ordering



L: LIGHTER | R: REGULAR

NIBBLES

- PORK CRACKLING** £2.95
with red onion & balsamic chutney
- GARLIC MARINATED MIXED OLIVES** (V) £3.25
- WARM BREADS** (V) £3.50
seeded roll, sliced loaf, olive oil & balsamic vinegar
- NIBBLER'S BOARD** £8.50
pork crackling, garlic marinated olives, warm breads, olive oil & balsamic vinegar

STARTERS

- PRAWN COCKTAIL** £5.65
cold water prawns & Marie Rose sauce
- SWEET CHILLI HALLOUMI SKEWERS** (V) .. £5.85
with salad garnish

SHARERS

- THREE-CHEESE FONDUE** (V) £10.50
melted Cheddar, Stilton & Italian hard cheese with seeded roll & sliced loaf, for dipping
- HUMMUS BOWL** (V) £5.50
with diced salad, guacamole, olive oil & seeded roll
+ ADD PULLED CHICKEN £2.50

CHARGRILL

- STEAK FRITES** £8.25
tenderised 4oz rump steak, garlic butter & skin-on chips
 - CAJUN SPICED CHICKEN** £9.95
chicken breast marinated with Cajun seasoning, with house 'slaw & skin-on chips OR jacket potato
- ALL THE BELOW ARE SERVED WITH A SLOW-ROASTED TOMATO, BUTTON MUSHROOMS, GARDEN PEAS & SKIN-ON CHIPS OR JACKET POTATO
- 8oz SIRLOIN STEAK** £13.75
 - 10oz RUMP STEAK** £12.75
 - BRITISH CURED 8oz GAMMON STEAK** £10.95
with free-range fried egg & grilled pineapple

SWAP SKIN-ON CHIPS TO SWEET POTATO FRIES £1.30

TASTY ADDITIONS

- + CREAMY PEPPERCORN** (V), **BÉARNAISE** (V) OR **MUSHROOM & STILTON TOPPINGS** (V) £1.50 EACH
- + HOUSE 'SLAW** (V) £1.50

DOUBLE THE PROTEIN

- + ADD ¼ FRESH ROTISSERIE CHICKEN** £4.50
- + ADD TENDERISED 4oz RUMP STEAK** £4.50

FEELING SAUCY?

- + BUTTERMILK DRESSING** (V)
- + MAPLE & BOURBON BBQ SAUCE** (V)
- + HABANERO HOT SAUCE** (V) 🌶️🌶️
- + PERI PERI SAUCE** (V) 🌶️🌶️

MAINS

- HUNTER'S CHICKEN** £10.95
chicken breast & smoked streaky bacon, topped with BBQ sauce & melted cheese, with house 'slaw & skin-on chips
- SIGNATURE HEALTH KICK SALAD** (V) £7.35
a layered Mediterranean-style salad of tomato, red onion, cucumber, pickled red cabbage, grated carrot, fresh spinach, quinoa, chia & pomegranate seeds, finished with a pineapple, lemongrass & ginger dressing
+ ADD A TOPPING:
SEABASS FILLETS £4.50
GRILLED CHICKEN MINI FILLETS £3.95
GRILLED SWEET CHILLI HALLOUMI SKEWERS (V) £3.95
TENDERISED 4oz RUMP STEAK £4.50
AVOCADO (V) £2.95



- SEABASS FILLETS** £11.95
with new potatoes, baby spinach, green beans, garden peas & Champagne lemon butter sauce

ROTISSERIE

- WITH HOUSE 'SLAW & SKIN-ON CHIPS OR JACKET POTATO
- FRESH ROTISSERIE CHICKEN** .. £8.95 R £10.75
rubbed with Mac's chicken seasoning & finished on the chargrill
 - FRESH ROTISSERIE CHICKEN FOR TWO** £19.95
 - CHICKEN & STEAK COMBO** £12.75
¼ fresh rotisserie chicken & chargrilled tenderised 4oz rump steak
 - HALF BONELESS CHICKEN** £12.95
marinated in lemon & herbs, slow cooked & finished on the chargrill

SWAP SKIN-ON CHIPS TO SWEET POTATO FRIES £1.30

A BIT ON THE SIDE

- SKIN-ON CHIPS** (V) £2.75
- SWEET POTATO FRIES** (V) £3.50
+ ADD MELTED CHEDDAR CHEESE (V)
TO ANY OF THE ABOVE £1.30
- HOUSE SIDE SALAD** (V) £2.50
- GREEN BEANS, SPINACH & GARDEN PEAS** (V) £3.75
lightly buttered
- HOUSE 'SLAW** (V) £1.50
- CORN ON THE COB** (V) £2.50

For every "Signature Health Kick Salad" sold, £0.10 will be paid to Keetch Hospice Care - Hertfordshire's children's hospice. Registered Charity No. 1035089. Only 1 in 3 Hertfordshire children get the hospice care they deserve. We want to make sure we reach every single child in Hertfordshire and give them and their families the support they need; at the time they need it most.

SNACKS

AVAILABLE MONDAY - SATURDAY 12PM - 5PM

TRADITIONAL SANDWICHES

ALL WITH SKIN-ON CHIPS

- CHEDDAR CHEESE & BRANSTON™ PICKLE SANDWICH** (V) £5.95
- PRAWNS & MARIE ROSE SAUCE** £6.50
- TUNA & MAYONNAISE** £6.50

SEEDED ROLLS

ALL WITH SKIN-ON CHIPS

- HALLOUMI & PESTO** (V) £7.95
with basil pesto & rocket leaves
- STEAK & CHUTNEY** £7.95
tenderised rump steak with red onion & balsamic chutney, rocket leaves & horseradish

SWAP SKIN-ON CHIPS TO SWEET POTATO FRIES £1.30

JACKETS ALL £5.95

- BBQ PULLED CHICKEN CHEESE & BEANS** (V)
- TUNA MAYONNAISE**
- PRAWNS & MARIE ROSE SAUCE**
- BBQ PULLED PORK**

BURGERS

WITH A SEEDED BUN, BURGER SAUCE, TOMATO, RED ONION, GHERKIN & BUTTERHEAD LETTUCE, SKIN-ON CHIPS & HOUSE 'SLAW ON THE SIDE

- CLASSIC CHEESE BURGER** £9.50
with Emmental cheese
- CALIFORNIAN** £10.95
with smoked streaky bacon, Emmental cheese, jalapeños & guacamole
- PORKY BLINDER** £10.95
with BBQ pulled pork, smoked streaky bacon & Emmental cheese

SWAP SKIN-ON CHIPS TO SWEET POTATO FRIES £1.30

DOUBLE UP

- + ADD AN EXTRA BEEF PATTY** £3.00

EXTRA TOPPINGS

£1.30 EACH

- + SMOKED STREAKY BACON**
- + CHEDDAR CHEESE** (V)
- + EMMENTAL CHEESE** (V)
- + GUACAMOLE** (V)
- + JALAPEÑOS** (V)

SWEET TOOTH

- CHOCOLATE BROWNIE** (V) £5.25
with chocolate sauce & soft whipped ice cream

DAURA DAMM

GLUTEN-FREE LAGER
ALC. 5.4% VOL. 330ML

WWW.CHICKENANDGRILLPUBS.CO.UK ✉ CHICKENANDGRILL@MCMULLENS.CO.UK 🐦 @MCMULLENS1827 📺 @MCMULLENS1827 📺 FIND US ON FACEBOOK: WWW.FACEBOOK.COM/MCMULLENS1827

(V) Suitable for vegetarians. (V) Suitable for vegans. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking. Allergen Information. Please inform the team if you have a food allergy. Dishes are made to order, and some will require an ingredient change to accommodate your allergen request. A full list of allergens in each dish is available for your peace of mind, if you have any allergies or dietary requirements please speak to our team. Dish specification and ingredients are subject to change and so allergen information should be checked on each visit. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten or other allergens. Service is not included. Our grateful team receive 100% of your tips, with all associated transaction fees paid by McMullen & Sons.

VEGETARIAN & VEGAN MENU



all dishes are vegetarian,
only dishes marked (ve) are vegan

L: LIGHTER | R: REGULAR

NIBBLES

- GARLIC MARINATED MIXED OLIVES** (ve) £3.25
- NUT SELECTION** £2.95
ask team for details
- WARM BREADS** £3.50
Montana flatbread, ciabatta, olive oil & balsamic vinegar

STARTERS

- BREADED FLAT MUSHROOMS**† £4.50 R: £5.55
with garlic mayonnaise
- SWEET CHILLI HALLOUMI SKEWERS** £5.85
with salad garnish
- HOMEMADE SOUP OF THE DAY** £4.95
with bloomer bread & butter


SHARERS

- NACHOS**† £7.95
multigrain & beetroot tortilla nacho chips with melted Cheddar cheese, habanero salsa, sour cream, guacamole & jalapeños
- THREE-CHEESE FONDUE** £10.50
melted Cheddar, Stilton & Italian hard cheese with tortilla chips, ciabatta & Montana flatbread for dipping
- HUMMUS BOWL** (ve) £5.50
with diced salad, guacamole, olive oil & wholemeal pitta
+ ADD BEETROOT BON BONS (ve) £2.50

A BIT ON THE SIDE

- SKIN-ON CHIPS** (ve) £2.75
- SWEET POTATO FRIES** (ve) £3.50
- GARLIC CIABATTA** (ve) £2.25
+ ADD MELTED CHEDDAR CHEESE TO ANY OF THE ABOVE £1.30
- BEER-BATTERED ONION RINGS**† £3.25
- HOUSE SIDE SALAD** (ve) £2.50
- GREEN BEANS, SPINACH & GARDEN PEAS** £3.75
lightly buttered
- HOUSE 'SLAW** £1.50
- CORN ON THE COB** £2.50

MAINS

- SIGNATURE HEALTH KICK SALAD** (ve) £7.35
a layered Mediterranean-style salad of tomato, red onion, cucumber, pickled red cabbage, grated carrot, fresh spinach, quinoa, chia & pomegranate seeds, finished with a pineapple, lemongrass & ginger dressing
-  +10P DONATION
+ ADD A TOPPING:
GRILLED SWEET CHILLI HALLOUMI SKEWERS £3.95
AVOCADO (ve) £2.95

- GOAT'S CHEESE & RED PEPPER FILLED PASTA** £9.25
with a rich tomato sauce, basil pesto & pea shoots
+ ADD GARLIC CIABATTA £2.25

- SPRING VEGETABLE RISOTTO** (ve) £9.45
broccoli, green beans, garden peas, toasted seeds & baby spinach

- VEGGIE 'FISH 'N' CHIPS'**† £9.95
halloumi, freshly battered using McMullen ale, skin-on chips with a choice of mushy OR garden peas

- BEETROOT, MINT & CORIANDER BURGER** (ve) £9.75
a plant-based burger in a pretzel bun, with skin-on chips, shredded cabbage, tomato, red onion, gherkin & butterhead lettuce finished with a pineapple, lemongrass & ginger dressing

SNACKS

AVAILABLE MONDAY – SATURDAY 12PM – 5PM
NON-GLUTEN BREAD AVAILABLE

ALL WITH SKIN-ON CHIPS

- CHEDDAR CHEESE & BRANSTON™ PICKLE SANDWICH** £5.95
- HALLOUMI & PESTO CIABATTA** £7.95
with basil pesto & rocket leaves

SWAP SKIN-ON CHIPS TO SWEET POTATO FRIES £1.30

JACKETS

- CHEESE & BEANS JACKET** £5.95

SWEET TOOTH?

ALL £5.25

- TOFFEE WAFFLE**
with toffee sauce & soft whipped ice cream
- BLUEBERRY & LEMON CHEESECAKE** (ve)*
with raspberry coulis & soft whipped OR *vegan ice cream
- BAKED CHOCOLATE COOKIE DOUGH**
with soft whipped ice cream
- BERRY SHORTY WAFFLE**
mixed berries, raspberry coulis, shortbread pieces & soft whipped ice cream
- BRAMLEY APPLE PIE**
with soft whipped ice cream OR custard
- COOKIE-BUTTER CHEESECAKE** (ve)*
with chocolate sauce & soft whipped OR *vegan ice cream
- STICKY TOFFEE PUDDING**
with soft whipped ice cream OR custard
- CHOCOLATE BROWNIE**
with chocolate sauce & soft whipped ice cream

SUNDAES

ALL £5.25

all layered through soft whipped ice cream, topped with whipped cream & a wafer curl

- BANANA TWIX™**
pieces of Twix™ chocolate bar, fresh banana, toffee sauce & chocolate sauce
- BERRY SHORTY**
shortbread pieces, mixed berries & strawberry jam
- COOKIE DOUGH**
chocolate cookie dough & chocolate sauce

- 99 ICE CREAM CONE** £1.99
with a Cadbury Flake™ & chocolate sauce

- 99 WAFFLE ICE CREAM CONE** £2.99
with a Cadbury Flake™, wafer curl & chocolate sauce

FIZZ FRIDAY

EVERY FRIDAY 5PM TO 9PM
ONLY £15.00 FOR A BOTTLE OF
SPARKLING PIGNOLETTO

WWW.CHICKENANDGRILLPUBS.CO.UK ✉ CHICKENANDGRILL@MCMULLENS.CO.UK 🐦 @MCMULLENS1827 📘 FIND US ON FACEBOOK: WWW.FACEBOOK.COM/MCMULLENS1827

(ve) Suitable for vegans. †Please be aware that we use common fryer oil when cooking at 170°C and, due to these circumstances, we are unable to guarantee that these dishes can be completely free of animal products. Fish and poultry dishes may contain bones. All weights are approximate prior to cooking.

Allergen Information. Please inform the team if you have a food allergy. Dishes are made to order, and some will require an ingredient change to accommodate your allergen request. A full list of allergens in each dish is available for your peace of mind, if you have any allergies or dietary requirements please speak to our team. Dish specification and ingredients are subject to change and so allergen information should be checked on each visit. Our kitchens contain many ingredients and so we cannot guarantee the total absence of nuts, gluten or other allergens.

Service is not included. Our grateful team receive 100% of your tips, with all associated transaction fees paid by McMullen & Sons.

● For every "Signature Health Kick Salad" sold, £0.10 will be paid to Keech Hospice Care – Hertfordshire's children's hospice. Registered Charity No. 1035089. Only 1 in 3 Hertfordshire children get the hospice care they deserve. We want to make sure we reach every single child in Hertfordshire and give them and their families the support they need; at the time they need it most.