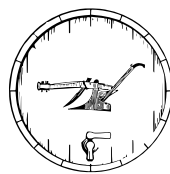


# SUNDAYS AT THE PLOUGH

CUFFLEY



## NIBBLES

2 FOR £5.25 | 3 FOR £7.75 | 4 FOR £10

### PORK CRACKLING £2.75

with red onion & balsamic chutney

### GARLIC MARINATED MIXED OLIVES (V) £2.95

### MIXED WARM BREADS (V) £3.15

with olive oil & balsamic vinegar

### NUT BOWL (V) £2.95

Ask for options

## STARTERS

### STICKS 'N' WINGS R£5.95 K£8.95

Fresh rotisserie chicken wings and drumsticks, rubbed with poultry 'magic' seasoning and finished on the chargrill

### CRISPY FLAT MUSHROOMS (V) R£4.15 K£5.15

with garlic mayonnaise

### PRAWN COCKTAIL £5.25

with cold water prawns and a Marie Rose sauce

### FARMHOUSE PÂTÉ £5.15

Chicken & liver pate flavoured with cider, red wine, garlic and herbs, with a red onion & balsamic chutney

### CRISPY DUCK WINGS £5.95

with a sweet & spicy BBQ sauce, toasted sesame seeds and fresh red chilli

### HOME-MADE SOUP OF THE DAY (V) £4.50

with bread and butter

### GRILLED SWEET CHILLI HALLOUMI SKEWERS (V) £5.25

with a salad garnish

## ADD MORE PROTEIN

ADD

¼ FRESH ROTISSERIE CHICKEN 3.25

5OZ RUMP STEAK 3.95

HALF RACK OF PORK RIBS 6.95

## SUNDAY ROAST

All roasts are freshly prepared and served with roast potatoes, vegetables, Yorkshire pudding and delicious gravy. We'll offer at least one more roast meat every week, please check our specials before ordering!

### SUNDAY'S ROTISSERIE CHICKEN

£7.25 R£9.95 K£10.95

with sage and onion stuffing

### BEER BRAISED BEEF BRISKET

£7.25 R£9.95 K£10.95

### SLOW BRAISED LAMB SHANK £14.95

with mint sauce

### MIGHTY THREE MEAT ROAST £14.95

Chicken, beef and one guest meat - check our specials for today's selection

### GOAT'S CHEESE NUT ROAST (V) £9.95

with vegetarian gravy on the side

### GREAT WITH YOUR ROAST

CAULIFLOWER CHEESE (V) £2.75

PORK CRACKLING £1.50

## BURGERS

With seeded brioche bun, burger sauce, tomato, red onion, gherkin and cos lettuce, fries and house slaw on the side  
Free from gluten buns available

### CLASSIC BEEF £8.45

### GRILLED CHICKEN £8.95

Fresh chicken breast

### BUTTERMILK CHICKEN £9.95

Rosemary & buttermilk breaded chicken breast topped with smoked streaky bacon and Emmental cheese

### GARDEN (V) £8.95

Spiced broad bean, pea & spinach patty, coated in herb breadcrumbs and fried, with mozzarella

## DOUBLE YOUR BURGER

EXTRA BEEF PATTY £3.00

FRESH CHICKEN BREAST £3.75

## EXTRA TOPPINGS

£1.25 EACH | 3 FOR £3.50

Add smoked streaky bacon, Cheddar cheese, Emmental cheese, mozzarella cheese, Stilton cheese, guacamole, jalapeños, mushroom

## ROTISSERIE & GRILL

### FRESH ROTISSERIE CHICKEN £8.25 R£10.45

Fresh rotisserie chicken rubbed with poultry 'magic' seasoning and finished on the chargrill

### WHOLE ROTISSERIE CHICKEN £19.95

For two to share

### CHICKEN & STEAK COMBO £11.95

¼ fresh rotisserie chicken and chargrilled 5oz rump

With house slaw and chips OR jacket potato

### 8OZ SIRLOIN STEAK £12.95

28 day aged steak with a slow roasted tomato, button mushrooms and garden peas. Choose from chips OR jacket potato

SWAP CHIPS TO SWEET POTATO FRIES £0.95

## TASTY ADDITIONS

ADD SURF TO YOUR TURF WITH SCAMPI £2.95

CREAMY PEPPERCORN, BÉARNAISE, OR MUSHROOM & STILTON TOPPINGS  
£1.75 EACH

BEER BATTERED ONION RINGS £3.25  
HOUSE SLAW £1.50

## DELICIOUS ROTISSERIE CHICKEN-TO-GO

ALL MEALS ARE  
AVAILABLE TO  
TAKE AWAY

PHONE  
01707 872 193  
OR POP IN AND  
PLACE YOUR ORDER  
- COLLECTION ONLY -



## BOOK A TABLE ON SUNDAYS

CHECK AVAILABILITY  
AND BOOK ONLINE NOW  
CHICKENANDGRILLPUBS.CO.UK

## HEALTHIER & VEGETARIAN

### SIGNATURE HEALTH KICK SALAD • (V) £6.95

A layered Mediterranean-style salad of tomato, red onion, cucumber, pickled red cabbage, grated carrot, fresh spinach, quinoa, chia and pomegranate seeds. Finished with a pineapple, lemongrass & ginger dressing

#### ADD A TOPPING

SEABASS FILLETS £4.25

GRILLED CHICKEN BREAST £3.75

GRILLED SWEET CHILLI HALLOUMI SKEWERS (V) £3.50

5oz RUMP STEAK £3.95



### MEDITERRANEAN STUFFED RED PEPPERS (V) £8.95

Roasted half peppers filled with quinoa, red onion, red chilli, mozzarella cheese, marinated tomato and Moroccan couscous

### VEGETABLE PANANG CURRY (VG) £9.45

Cauliflower, mange tout, green beans, pepper & coconut sauce with white rice, poppadum and mango chutney

ADD PULLED ROTISSERIE CHICKEN £2

### CHICKEN AND BACON SALAD £8.45

Mixed salad with Gran Moravia™ hard cheese and Caesar dressing

### CHICKEN SKEWER £9.45

Succulent fresh chicken breast, seasoned and chargrilled, with a signature health kick salad garnish

ADD SAVOURY RICE £1.75

AND/OR WHOLEMEAL PITTA £1.25

### SEABASS FILLETS £10.95

with new potatoes, baby spinach, green beans & garden peas

ADD HOLLANDAISE OR CHAMPAGNE  
LEMON BUTTER SAUCE £1.75 EACH

## OUR CLASSICS

L: LIGHTER | R: REGULAR | K: KING SIZE

### BANGERS AND MASH £7.45 R£8.45 K£9.45

Cumberland sausages with mashed potato, vegetables and gravy  
(V) vegetarian alternative available

### HUNTER'S CHICKEN £10.45

Chicken breast and smoked streaky bacon, topped with BBQ sauce and melted cheese with house slaw & chips

### FISH 'N' CHIPS R£8.45 K£10.45

Cod, freshly battered using McMullen ale, with a choice of mushy OR garden peas and chips

### SCAMPI IN A BASKET £7.50 R£9.50 K£10.50

with chips

ADD PEAS £1.15

### BEEF & MCMULLEN ALE PLATE PIE £9.95

with mashed potato and minted mushy peas

SWAP CHIPS TO SWEET POTATO FRIES £0.95

## A BIT ON THE SIDE?

CHIPS £2.75

SPICE UP YOUR CHIPS £0.25

SKINNY FRIES £2.75

SWEET POTATO FRIES £3.50

BEER BATTERED ONION RINGS £3.25

GARLIC CIABATTA £2.25

ADD MELTED CHEDDAR CHEESE  
TO ANY OF THE ABOVE £1.25

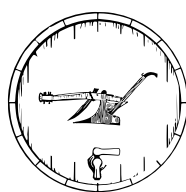
SIGNATURE HEALTH KICK  
SIDE SALAD £2.50

GREEN BEANS, SPINACH  
& GARDEN PEAS £3.75

HOUSE SLAW £1.50

CAULIFLOWER CHEESE £2.75

CORN ON THE COB £2.50



The PLOUGH - Welcome to the Plough. Chicken & Grill No 3. An existing Macs pub since 1898 and joined the Chicken & Grill family in 2011. Our chicken rotisserie takes pride of place front of house, giving out delicious aromas of freshly roasting chicken makes it hard to resist! The Plough is ideal for any occasion; catching up with friends over a cup of freshly ground coffee, enjoying a pint of McMullen ale or devouring one of the tasty dishes on this menu, or from our daily specials menu, all while enjoying personal and professional table service. Please enquire about reserving a table if you are planning on visiting again. Our kitchen is open Monday – Saturday 12:00 – 21:00 and Sunday 12:00 – 20:00.

## SWEET TOOTH?

### BAKED CHOCOLATE COOKIE DOUGH (V) £4.75

with soft whipped ice cream

### SORBET (VG) £4.75

Blood orange OR green apple  
with fresh strawberry and mint

### BELGIAN WAFFLE (V) £4.75

with toffee sauce and soft whipped ice cream

### STICKY TOFFEE PUDDING (V) £4.75

with soft whipped ice cream OR custard

### BRAMLEY APPLE PIE (V) £4.25

with soft whipped ice cream OR custard

### TRIPLE CHOCOLATE BROWNIE (V) £4.75

with chocolate sauce and soft whipped ice cream

### BUTTERMILK PANCAKES (V) £4.95

with maple syrup and soft whipped ice cream

### COOKIE DOUGH SUNDAE (V) £4.75

Chocolate cookie dough and chocolate sauce  
layered through soft whipped ice cream,  
with whipped cream and a wafer curl

### MANGO, BERRY & POMEGRANATE SUNDAE (V) £4.75

Fresh mango, pomegranate seeds and forest fruits  
with crushed meringue layered through  
soft whipped ice cream, with whipped  
cream and a wafer curl

### TRIPLE CHOCOLATE CHERRY SUNDAE (V) £4.75

Red morello cherry compote, triple chocolate brownie  
and chocolate sauce layered through soft whipped ice  
cream, with whipped cream and a wafer curl

### TOFFEE & HONEYCOMB CHEESECAKE £4.75

with chocolate sauce and soft whipped ice cream

### JELLY & SOFT WHIPPED ICE CREAM £3.25

### 99 ICE CREAM CONE (V) £1.99

with a Cadbury's Flake™

GO KING SIZE £1 extra

WWW.CHICKENANDGRILLPUBS.CO.UK

✉ PLOUGH.CUFFLEY@MCMULLENS.CO.UK

🐦 @MCMULLENS1827

📍 FIND US ON FACEBOOK: WWW.FACEBOOK.COM/THEPLOUGHCUFFLEY



For every "Signature Health Kick Salad" sold, £0.10 will be paid to Keech Hospice Care – Hertfordshire's children's hospice. Registered Charity No. 1035089. Only 1 in 3 Hertfordshire children get the hospice care they deserve. We want to make sure we reach every single child in Hertfordshire and give them and their families the support they need; at the time they need it most.

MCMULLEN & SONS LTD, THE HERTFORD BREWERY, 26 OLD CROSS, HERTFORD, HERTS. SG14 1RD

